



Storytelling for Changemakers

"To speak a true word is to transform the world."
Paulo Freire

Are you exploring new ideas that can help move us
towards a more just and compassionate world?
Do you want to learn how to communicate these ideas in
a way that is powerful and authentic?

In this weekend workshop we will examine how stories shape our worldview and learn how to harness their power to create positive social change.

Through games and exercises in a fun and supportive atmosphere you will learn:

- How to develop presence and authenticity
- How to shape your material so it holds the attention
- How to connect with your chosen audience
- How to tease out the key messages that can lead to action and transformation

18/19 February
9.30 (10.00 start) - 5.00
Media Resource Centre
Llandrindod Wells

Cost: £24 (bursaries available)

For further info contact:

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ADVANCE BOOKING ESSENTIAL

Humans are storytelling beings...

Stories shape our world. They help us make sense of it and allow us to communicate what matters. Stories are our 'meaning making' tools and as such they can be used to connect or divide us.

As changemakers we can harness the power of storytelling to shape a world that is just, compassionate and thriving. The more we develop our ability to speak authentically the more we are able to reach people and transform each other in myriad ways.



"Now I finally understand what storytelling is really about."

Joanna Flanagan



Everyone can learn the skills of good storytelling...

In this workshop we will explore the fundamentals of good storytelling. We will learn how memorable stories are structured and how to 'paint pictures with words'. We will use games and exercises to develop our presence and spontaneity, become more expressive and - most importantly - enjoy the experience of being in front of an audience. It will be so much fun you won't realise you are learning!

Inez Aponte is a storyteller, facilitator and community organiser with 19 years experience facilitating workshops for storytellers and changemakers from across the globe. She uses play and improvisation to create a safe and welcoming learning environment that allows each person's natural storyteller to emerge. No previous experience necessary.

www.growinggoodlives.com

